

SUMMER 2009

FILE

180° FROM ORDINARY

JO LEE TALKS TO ADESTE'S 2009 GOLD MEDAL LAUREATE
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THE PROVOCATIVE & CHALLENGING WORLD
OF ARCERI

ANDREA BUCKETT, DR. OF HOMEOPATHY
YOU ARE WHAT YOU ATE

STANLEY J. DORST
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RAY SCOTTY MORRIS
L'OCCHIO - THE EYE

H. GAIL REGAN
THE MARVELOUS MAVERICK

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WHEN ANGELS CRY

HEIDE VAN DOREN BETZ
THE RICH & THE FAMOUS

DAVID WESONGA
THE POWER OF MOMENTUM



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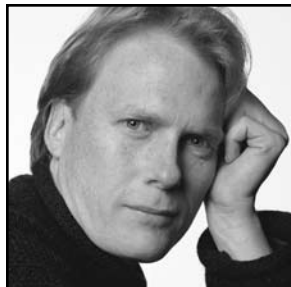
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The ADESTE Gold Medal will be awarded to 'The 40 and under Unsung Heroes' for achievements in the categories of the Humanities, Social Justice, Technology, Arts, and Medicine.

Readers around the world are urged to submit nominations.

Please! Submit the name of someone you believe is deserving of such an award.

Nominees should have either achieved extraordinary findings, or excelled beyond their limits in inspiring others to 'touch the stars'.

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CRITERIA

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ADESTE takes as its Credo: The lessons behind Man to Universe.

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LETTERS TO THE EDITOR

Morris Bloomfeld

HISTORIAN

Toronto – Canada

THE DIGITAL DIVIDE, Spring '09, proposes that criminality pervades society and explains all the changes in the economy. Being in Russia probably inclines one in that direction as criminality does control all events. However, in the free world more simplistic forces drive the economies – most notably ignorance and laziness.

We are in our current mess because government officials, bankers and accountants make the same mistakes over and over again. Anyone with a picture of history could see that giving credit to people who already had too much was unwise, but the experts tend to use a ruler when predicting the future. There was no conspiracy of criminals just the blind following the stupid and lazy.

Sanderson McGreene

EXECUTIVE

UK

Hugh Coppen's 'Adversity and Crises', read in your Spring publication, is a splendid piece and rings true to me. It is a time when confidence and direction are tested and only a leader who knows where the company should go will step out and lead it through the tough times. My company decided to abandon the market in which I worked. I knew that the study on which the decision was made was based upon data during a down cycle and did not represent the potential for the market area. I convinced management a new study was required, and although they did allow my people to do the study it showed a profitable program based upon updated input.

Oliver Kenting

REAL ESTATE DEVELOPMENT

New York – New York

I commend Mr. Friday Idogiye Amain, of Akassa, Nigeria. His 'conservation and conflict in the Niger Delta' has a story of success to tell – and to be proud of. Their small business projects are beginning to lead the way to progress. I am not sure why they blame their difficulties on the oil companies rather than their government and other criminals. The oil belongs to the country as a whole and while some of the benefits should return to the delta people, life is not fair. They can be proud of their accomplishments and go on without the benefits of the country's wealth of oil. Spring 2009 edition.

Olga. SemenStein

CURATOR

Berlin - Germany

'The Ethical Will' What a great idea. Thank you very much Elana Zaiman. My mother wrote a family history which sort of discourages a follow up, but a short composition of guides for living is a good and simple job.

I've enjoyed the reading in your Spring issue. You have an elegant magazine with content and photography that is appreciated.

Fontano Dibertolini

COMMERCIAL ARCHITECT

Florence – Italy

'This Side of Africa', well written by co-authors of WHEN ANGELS CRY, describes an unbelievable practice taking place primarily in Africa! The mutilation of the female genitals, known as female circumcision. FGM/C. I wonder if this is based upon religious,

political or traditional law and is it a concept to keep women humble? I cannot imagine a civil democratic government pursuing such practice.

Casey-Jan Honors

EDUCATOR

Norfolk – Virginia

I'd like to refer to an article read in your magazine's Spring edition. 'Is Global Inflation Intractable?' lacks a conclusion. The excessive demand created in the US by over extended credit has now created the balancing result of reduced demand – and thus reduced imports. The desire to allow every American to own a home, a new car and anything else to be bought with a credit card has led to worldwide tragedy. The printing of money by the US government to rekindle the flame of product demand will further amplify the author's argument.

Abelle Du Monde

NOTARY

Montréal – Québec

Salut et merci encore. 'Beverly Hills, A Wealth of History & Celebrities' is one of the truest reflections of fantasy vs. reality! We tend to forget the wonders of Beverly Hills and Hollywood in these days of International film festivals and far away cities. So it is interesting to be reminded of the splendor of the homes and personalities there and to appreciate what is attainable. How true! Spring 2009. JL

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Gene Arceri
THE PROVOCATIVE &
CHALLENGING WORLD
OF ARCERI

Gene Arceri has gained world attention as a writer, critic, award winning PBS reviewer and publicist. A native New Yorker, Gene resides in San Francisco and spends considerable time in London. Among his best selling books are: 'Elizabeth Taylor: Her Life. Her Loves. Her Future', Susan Hayward's 'RED' and Charlie of Nob Hill. {San Francisco's most famous cat} aregen@sbcglobal.net



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PROS & EX.CONS

Stanley J. Dorst is a retired officer of Chevron Land Development Co. and CEO of Grosvenor Development Co. He's been advisor to European governments and private companies as Vice-President of The International Urban Development Association and advisor for The International Executive Service Corps on behalf of the United States State Department Agency for International Development.



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WHEN ANGELS CRY

Kelechi is an Economist holding a degree in Renewable Natural Resources Management and a Master's in Forest Economics.



John Paul Jarvis
I'VE ALWAYS BEEN NUTS

Paul Jarvis has enjoyed a full corporate career as CEO of four subsidiaries of foreign multinationals and served on six boards. Board and boat sailor, tennis player, terrible musician all tempered by eclectic friends – affords a basis for views and opinions on a broad range of topics.



Andrea Buckett
DR. OF HOMEOPATHY
YOU ARE WHAT YOU ATE

Andrea Buckett, Dr. of Homeopathy, lecturer, writer, renowned food expert – is passionate about helping people feel young. She is a graduate of The Homeopathic College of Canada and her successes to date have become a sole focus on the body's benefits and pleasures of great food.



Carla Dragnea
EDITOR AT LARGE

Carla Dragnea is a Biologist whose interest in feature writing has encompassed 'the study of life'. In September, 2008, she was appointed Intellectual Advisor to the YES! E-Help Campus which assists 11+ million young people worldwide with their problems, each month. yesintl.com



Lois M. Gordon
YES, VIRGINIA! COME –
EXPLORE WITH ME

Lois M. Gordon is a world traveler and resides in California's Silicon Valley. She has spent her life as wife and mother, chairing several committees and indulging in her passion for reading and writing poetry.



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L'OCCHIO – THE EYE

Ray Scotty Morris is an internationally renowned photojournalist and successful San Francisco society photographer. He has won 29 photo awards in just ten years – local, state and national, including best news picture of the year. Scotty has received a Certificate of Commendation from the U.S. Senate along with the distinct honor of being written into the 107th U.S. Congressional Record.



H. Gail Regan
THE MARVELOUS
MAVERICK

Gail Regan is vice-chair of Cara Operations. She chairs Energy Probe, Friends of Women's College Hospital, is a member of the Canadian Association of Family Enterprise, the Family Firm Institute and the Strategic Leadership Forum. She has a PhD in Educational Theory and an M.B.A. in Finance. Her background in sociology and her personal experience of business have given her an intellectual interest in the problem of evil.



Sally Anne Reisner
THE POET'S CORNER

Sally Anne Reisner grew up in San Francisco's Bay Area and then taught in an urban-suburban high school in New Jersey for eighteen years. At the age of fifty she left her job, re-married and focused on her writing.



Vera Resnik
THE POET'S CORNER

Born in Prague, Czechoslovakia, Vera Resnik lost most of her family in the Holocaust. Her volunteer work in the New Jersey court system – as a conflict resolution resource and advocate for children's rights – led to a court appointment to the child review committee. Today, Vera's writings are widely read.



Craig Ricker
THE DIGITAL DIVIDE

Craig Ricker is a prolific writer and among the world's best photographers. He went to Russia to develop an understanding of its world from the inside and to accurately portray their life predicament within his books.



Oluwaseun Solijo
WHEN ANGELS CRY

Oluwaseun, a Theatre Artist and Conflict Management Consultant, holds a degree in Theatre Arts and a Master's in Peace and Conflict Studies.



Gary Sweeney
THE POET'S CORNER

Gary Sweeney worked as a journalist and as an independent writer for years before launching The Midnight Palace. www.midnightpalace.com He continues to write everything from poetry and short stories to reviews and articles.



Heide Van Doren Betz
THE RICH & THE FAMOUS

Heide Van Doren Betz, an Art Consultant specializing in Ancient Art and Icons, has taught Art History and created world famous collections of Antiquities and Icons. Her accomplished photography was shown in a solo exhibition at the Winckelmann Museum in Germany.



David Wesonga
THE POWER OF
MOMENTUM

David Wesonga is a 24-year-old Kenyan poet/writer and the recipient of the 2008 prestigious ADESTE GOLD MEDAL. As an online Journalist for Nation Media Group, East Africa's largest media enterprise, David's definitive, thought provoking articles have earned him acclaim worldwide. He sits on the board of Eastlandah Media Company and the Citijournal.



Using Childhood Memories To Understand The Economy

BY H. GAIL REGAN
TORONTO – CANADA

A nursery rhyme fascinated me as a child and has resurfaced in my thoughts, providing a guide to the economy. My memory of it is:

Jack Sprat could eat no fat
His wife could eat no lean
So betwixt/between
themselves
They left the platter clean.

When other little girls drew pictures of princesses, I portrayed the Sprats. My art teacher liked my drawings and sometimes put them on the display wall. Even when I was ten years old, I could see that, although the Sprats had flaws, their balance conserved food. They were good in the present, albeit irresponsible about their future.

Recently, a first eureka moment occurred. I saw that food in the nursery rhyme is a metaphor for money. Jack

is a secret hoarder, piling up too risky investments off the household balance sheet. His financial self-denial and secrecy enable him in emergencies to bail out Mrs. Sprat, who has a habit of maxing out her credit cards and leveraging their house. Jack tolerates this because her gusto for the enjoyment of things energizes him, allowing him to access through her what he denies in himself. Their marriage has financial and emotional synergy.

My second eureka moment was to realize that while most people spend and save wisely for themselves, they also believe in Mrs. Sprat and Jack as cultural ideals that inspire rapid economic growth. We need to have faith that the market is boundless, that Mrs. Sprat is always ready to buy something new and improved. We need to have

confidence that Jack is always there to finance her purchases should she be over-budget. Because these beliefs have truth to them, a well-financed expanding market has brought economic growth to the global economy.

Individual countries can develop the persona of these characters. China, for example, has large financial surpluses and serious problems with air and water pollution. China, like Jack, has difficulty spending enough on itself.

Canada moves between excess saving and spending, with no consensus on why it should do so. Canada behaves like an ordinary person, but it wants to be both of the Sprats.

The U.S. has deficits and no easy way out of them. A

wealthy, productive country, the leader of the cultural zeitgeist, it will have to do its best, as does Mrs. Sprat. Both must continue to inspire without causing worry.

The U.S.--China trade balance is critical at this time. Although flawed, it is good for wealth creation, albeit risky for financial stability. Less synergy is the more prudent choice for the future.

When I wonder what should be done for the economy, I think of the Sprats. There is a trade-off between what is best for them and the risks the rest of us are willing to take to meet their requirements.

JL



Where Is The Devil?

BY STANLEY J. DORST
SAN FRANCISCO – CALIFORNIA

When we pray for God's intervention, or guidance, or that God's will be done, where is the source of the problem; i.e. what is the devil up to, and where is he?

As we have a name for the order of the universe so we have a name for disorder, or evil – the devil.

We have endless treatises and novels, as well as religious tracts, about good and how to be a hero or heroine by loving our fellow man, but very little about evil. It would seem reasonable that we should know more about the enemy than we do. We can say that he is what is driving sadistic criminals as in horror fiction, but can we expect love and consideration everywhere else; or could it be that the devil is as much around as the holy spirit?

In simple language I think we underestimate the presence of evil. In my experience, evil lurks in the heart of every man, and often determines behavior.

After I retired as an officer of a major

corporation I apparently became an easy mark for the devil, who was previously somewhat intimidated.

As I had done previously, I was undertaking to put together real estate development projects, such as office buildings, shopping centers and housing tracts in partnership with land owners, other developers and financial companies.

I developed business plans and governmental approvals for several projects over four years, including: a partnership with an Australian architect to develop a shopping center; a partnership with a Korean conglomerate to develop a shopping center; an agreement with a major American corporation to develop a shopping center; an agreement with an international home builder to renovate apartment houses; an agreement with a relative; and agreements to develop industrial buildings, and office buildings. In almost every case, the partner who I shared the project with found or tried to find a way to take the project for

himself. The point is that if people think they can get away with taking they will take. It demonstrates to me that the typical business man is guided by evil not compassion and love. "The devil lurks in the hearts of men."

This is not to say that the holy spirit is not present as well, but let's not kid ourselves about motivations and even consider trusting others – any others. The fact is that we teach loving and consideration because the opposite does reside within us all.

Alexander Hamilton wrote in the Federalist Papers that the government of America was designed to deal with the "evils incident to society in every shape." PS. When my daughter graduated from Berkeley and went to work in advertising in New York, I advised her to remember that man is basically good and you can appeal to that basic good nature to win over your enemies. She advised me after a couple of years that I was wrong. What do you think?

JL



Jo Lee Talks To ADESTE's 2009 Gold Medal Laureate Mariatu Kamara

BY JOSEPHINA LEA MASCIOLI-MANSELL

Once upon a time, it was not the Land of Oz. It was neither Cinderella losing her slipper nor Mary with her little lamb, nor Jill walking up the hill to fetch a pail of water. And if she were Alice in Wonderland – her wonders would have been etched not in the fantasy of this wondrous tale – but in how she would survive the horror of savage brutality – if captured and brought to terms by boy soldiers her own age!

My interview evokes the unthinkable in today's world of corruption and abuse. It reminds of the times when we've sat in movie theatres, hands clenched, ready to cover our eyes quickly: because of not wanting to see the next scene.

Mariatu Kamara, ADESTE'S 2009 Unsung Hero, was a girl child caught in one of Africa's civil wars. Hers is the story of a 12-year-old fleeing with her cousins from Magborou, her Sierra Leone village of 200 people, all cramped into living within eight huts and where six years earlier she'd begun working on the communal farm.

While headed toward villages in the direction of the border, thus enabling them to escape – Mariatu and her aunt Maria and cousin Adamasay walked into an ambush. Being murdered before her eyes was a man from a neighboring village who had raped her weeks earlier and with whose child she was now pregnant. Her recurring dream of burning palm oil, signifying

spilled blood, that she'd had just the night before, along with her aunt Maria Kamara's advice: "Answer 'yes' when asked if you liked what you saw after witnessing the murder of villagers you know", were becoming a never-ending replay in her mind!

Mariatu was held captive for several hours. She was raped and then: "with the swinging flare of the machete knife, came the cutting off of both my hands. It took the boy two attempts to cut off my right hand. The first swipe didn't get through the bone, which I saw sticking out in all different shapes and sizes. He brought the machete down again in a different spot, higher up on my arm. This time, my hand flew from the rock onto the ground. 'Go see the president,' the child soldier told me. 'Tell him to give you new hands.'

"It was a kind man who found me, offering me a mango that he held to my mouth. My instincts said 'be brave.' It was important to me to feel like a whole person. So I insisted on taking the fruit and holding it in the clotting stumps I'd wrapped in a sheet.

"I was 12 years old and shortly thereafter, a little son was born. He died 10 months later leaving me pulverized with guilt, convinced I'd killed him because of not loving him enough."

Mariatu tells of her journey to the capital, Freetown, her medical care

and pregnancy and her next few years living in a refugee camp, begging on the streets each day. The rebels' signature is mutilation and it is estimated that thousands of civilians have had arms, legs, lips, ears amputated with machetes and axes.

The story of Mariatu Kamara brings to light the intelligence and beauty of a very brave young lady who found the strength to reach beyond and then to intervene and shield other villagers in her homeland of Sierra Leone.

My interview begins at a university in Toronto, Canada, where, at the age of 22, Mariatu has found her new home.

The incredible beauty and sweetness of Mariatu's face magnifies the absolute wonder of her spirit's ability to creatively transform multiple lived atrocities into multiple benefits for others.

Susan Schellenberg – Artist, Author
Toronto, Canada

Mariatu is a personal embodiment of not just struggles, but liberation personifying a hope shouldered on life's worthiness of the sheer power of 'I can'.

David C. Wesonga
ADESTE 2008 Gold Medal Recipient
Nairobi, Kenya



JO LEE: Mariatu, you are one phenomenal human being! Phenomenal!! Where does your strength come from? Where does your wisdom come from? Have you ever analyzed those parts of your immediate gene pool? Or maybe, the heavens sent you to earth as an earthling with a direct link to God, the universe, a higher power?

MARIATU KAMARA: Yes, Jo Lee, actually at times I do think about this! And my determination is driven by seven words: to live beyond what happened to me.

JL: As we began this year, Mariatu, our 19-member International Voting committee named you the 2009 Recipient of The Prestigious ADESTE Gold Medal, a medal of honor bestowed in the category of Humanities for a very brave Unsung Hero!

Everyone was stunned by your story! From the ADESTE Board of Directors and the Governors, from the Selection and International Voting Committees, from YES! International, a sister charity of ADESTE and from all at JO LEE Magazine: everyone was stunned. From each of us: CONGRATULATIONS for having the will to dream bigger and beyond!

You know, every nomination is special. My gosh, how exciting just to be nominated! But you know, every so often, when the nominations arrive and arrive from so many places around the world, members of the ADESTE Committee find themselves hugging the story of a particular candidate. And you, Mariatu, were really hugged. We're so proud of you!

MK: I feel so special to have been chosen! Jo Lee, I want to thank those

who cast a vote for me and to assure them: I will always make them proud. The ADESTE Gold Medal of Honor – is an honor – I will spread my love as I help women and children through the foundation I'm now establishing.

JL: I'm absolutely fascinated with your ability to do everything: with no hands! You certainly challenge the interpretation of Specially Challenged? Can you explain this to me? Of course, it would be a different feel with a prosthesis. But do you feel you'd accomplish that much more with hands or, is the divide equal yet different?

MK: It would be a greater divide IF I were fortunate enough to afford the most recent, high tech prosthesis created today. It's a challenge and very difficult at times to do things especially when I like to do things really fast and I can't. Well, it gets me frustrated and makes me want to lose hope. But it's also empowering because I do everything for myself without my hands and without asking for too much support.

JL: Amazing! And I so love the way you use the word: hands. Good for you because they ARE your hands and again, phenomenal – you are! Mastering the tips of your hands {stubs} to affect everything you do. Computer, cell phone, your makeup, your life!!

Mariatu, your birthplace of Sierra Leone is a small country, about the size of Scotland but with four million people. You and your extended family lived in a community of 200 people with only eight huts with all the children working on the communal farm beginning almost at kindergarten age. What do you recall of those early days with your family?



MK: They were very wonderful, happy days for me, beyond description. How do I describe wonderful? We had nothing, but yet everything because of time spent together all the time, with everyone. Cook, eat, and stay with family. We had no water, no electricity, no beds no doctors, no anything; but a friendly hut. There were no schools close to our village and if there had been, there would have been no money to attend.

We'd rise in the morning and go off to the river farm village to work the fields. At the end of the day when we returned to our home, {one of eight huts}, we'd go to the river with friends and play. We'd sing. Sleep, farm, eat, sing.

As you know, from being in Africa, Jo Lee, there are no shops in the villages. Just huts where we could buy soap, salt, seasoning. This is all we ever had to buy! We'd find our meat in the bush, grow our chickens, fish our fish: and eat. When we gathered enough money for a new shirt or dress we'd go to another village to buy the material and then to another village where there were free sewing machines to use.

Being Muslim, we'd pray five daily prayers at the Mosque, at home, in the fields, and we would celebrate Ramadan.

JL: What is unbelievable to me – is that always I've found people throughout Africa to be so filled with effervescence and manners! A gift instilled within wonderful people!

And then, in 1999, civil war broke out and you were there. Things began to change horrifically. Tell me more of your story and how you planned with Adamasay, your cousin and your aunt Maria, to escape. You were so young and yet you'd experienced so much of life. Were they all this young too? Can you remember how you felt and what went

through your mind? You must have been so frightened. Tell me...

MK: It wasn't pleasant. My reality began to shift when I was 11 with the sudden threat of attacks by the government-opposed Revolutionary United Front {RUF}. It was an uneasy time. Then, the actual attack came without warning except for a dream I'd had the night before of burning palm oil, signifying spilled blood.

So, my aunt Maria and cousin Adamasay and I came up with a plan we discussed with our family. The three of us would leave for Freetown where we'd be safe from harm. But ...

JL: What happened on that terrible day when your life changed forever?

MK: We set out for the next village en route to Freetown, where we stayed for two days. The next day we went to get some food and when heading back to the nearby village we'd left a little earlier – we walked into an ambush. The rebels had attacked the village and then: captured us. They tied our hands behind our backs and took us to a house where, for the rest of the day, we were forced to sit down and watch while they were torturing members of the village and killing all the people captured.

There was shouting and screaming all day. The rebels wanted food. They shot many men. They forced the women and the old people into the huts, and then burned them down.

After burning down the entire village – they handed me over to some boys who took me to a corner where there was 'the rock' and ... cut off my hands.

No water came from my eyes {I did not cry} when they cut my hands.



JL: This is truly shocking. Where did your strength come from for I believe it gets even worse when a man from your village raped you before the young boys cut off your hands?

MK: Yes, I knew that man was going to use me when he pulled off my wrap and pushed me on to the ground. Then, when the child soldier cut off my hands at 'the rock': "Go see the president," he told me. "Tell him to give you new hands."

JL: Mariatu, how did you get from the village to the help you so desperately needed?

MK: When they were through with me, there was no one left in my village. I walked miles to Port Loko. It was on my journey from degradation and humiliation to an unknown future, that a man offered me a mango. He held it to my mouth, but I insisted on taking it, holding it in the clotting stumps I had wrapped in a cloth.

Some Ecomog soldiers felt sympathy for me and they brought me to Freetown {55 kilometers away}. Eventually, I was reunited with my family when they arrived at Murray Town Amputee Camp in the west end of Freetown. My cousin, Adamasay, was found by our uncle who brought her to the hospital where I was. The medics removed her dangling right hand and bandaged her stumps.

Our parents, Mariatu and Ali, and my eldest sister, 17-year-old Kadiatu, arrived too, unharmed. But our elder brother, Santigie, has disappeared entirely.

JL: Having already been brutalized even before the savage attack by murderous mercenaries, were you aware of their

methods, of what they called warfare?

MK: I didn't know what I know now. I had heard stories about the almost unbelievable atrocities they had committed - raping girls, cutting their limbs, drugging them, handing them guns to kill their parents. The rebels' signature was mutilation and they say that during the 10-year insurrection, some 50,000 were left dead and half a million homeless.

JL: I read that the hospital in Freetown specializes in the treatment of mutilated limbs.

MK: I'm not sure. I know they all were very knowledgeable. There were few doctors, a lot of nurses and assistants.

JL: How long did you and your family continue to live in the camp and how did you all manage to feed yourselves? How did you survive?

MK: We lived in the camp for almost three years. And every day, for three years, my cousins and I had to beg on the streets of Freetown to feed us and to survive.

Then, a journalist came to the area, interviewing many. Somehow, he happened upon me and my picture and story got into a newspaper that was seen by a white couple living outside of Toronto, Canada. They took it upon themselves to sponsor and bring me to live with them and the story from this point on is why I'm safe and beholden and here!!

JL: Where is your family, today? I send each one of them LOVE!!



MK: All of them are still in Sierra Leone. Some of them are in the village and my cousins are still somewhere around the city because they don't have any proper homes to live in. And they are still continuing to beg on the street for their survival because no one is taking care of them.

JL: Some people are greater than great!

Mariatu, when you finally reached Toronto, at the age of 16, you could speak no English and you had no schooling at all. Today, at 22 you're in second year college and your English is superb. This had to have been a tremendous discipline for you?

MK: Faith, belief, hope, Jo Lee!

When I began school here at the age of 16 – it was like a hell for me – it was very difficult. Really, really hard, Jo Lee. I had to learn everything from scratch. I had to be wise, use common sense with determination.

JL: Your Canadian world has certainly become your Cinderella fairytale with the glass slipper. My, Mariatu, you've published a book, *The Bite of the Mango*, predicted to be a huge hit among your target high school audiences {and I bet I know where that great title came from}, you're a UNICEF Special Representative for Children and Armed Conflict, you'll appear in an upcoming documentary about child war victims that was filmed in Sierra Leone last February where you toured health and educational facilities, you've started your own foundation, The Mariatu Foundation, and you're in second year college studying counseling and advocacy

for women and children who have experienced violence.

How does all of this make you feel?

MK: Not special, Jo Lee, but like someone God chose to make a difference. Something that I haven't discovered as yet...

JL: And unlike others – you're doing it all with what I would call your own creative style.

Mariatu, tell me about your foundation.

MK: Jo Lee, I know this is one of the areas in which God has chosen me to shepherd. The Foundation is still in the making but that shouldn't stop people from donating.

The Mariatu Foundation's dream is to build a 300-400-room free home for assaulted women and their children, and for young amputees who don't have anyone to care for them. The home will teach basic skills, teach everyone their ABCs and have therapy {emotional and physical} for those in need. It will be a place where my very close family can live because they will help run the home and then: I can visit. Oh yeah, this is my dream always – a big house to help many. A big dream – that I know will come true.

JL: You are a beautiful young lady! With so much talent, Mariatu, do you dream of having two hands? I see where University Hospital in Heidelberg has tested the new prosthetic hand with a grip function almost like a natural hand: each finger moves separately. This must excite you!



MK: Oh it does excite me! Thank you and I'll definitely look into this because actually, I thought initially – I might have my hands back – but I didn't want hands that did nothing and so, I've let the feeling slip.

In the meantime – sometimes I do find it difficult but, you know, the people I meet, they're just so wonderful. They don't even think I have a problem. They just take me as a normal person.

My focus is to move forward – finish school, get a good job and then help make concrete changes in Sierra Leone through The Mariatu Foundation.

I have food around me, clothes everywhere. I don't think that, "Tomorrow I have to go to town and start begging," but those left behind still have to go that route.

Coming from a place of war where I had nothing, now I'm in a country where everywhere I turn there's opportunity that will make my life and other's lives better. Here, we can help other people around the world and this fills me with wonder and gratitude. It brings tears to my eyes.

JL: For the past several years, the UN has listed Sierra Leone as the world's "least livable" country, based on its poverty and the poor quality of life endured.

Under the terms of the current peace deal, Sierra Leone will keep the democratically elected Ahmed Tejan Kabbah on as president, in a forced cohabitation with rebel leader Foday Sankoh's RUF. Sankoh has obtained an assurance of amnesty for rebel war crimes, and the cancellation of his own

death sentence. It sounds like you and your aunt and cousin and the thousands whose lives have been devastated by the conflict are being asked to forgive the people responsible for so much carnage. Can you forgive the boy soldiers who did this to you?

MK: I just think it's time to let go: to forgive them. They are also our brothers. They suffered, too.

JL: So, what do you say we now tell the world where they can find your book *The Bite Of The Mango* – quite the incredible read! To educators, medical minds, social workers, recreational directors, creative groups – please, urge your peers to buy/ use *The Bite Of The Mango* as a powerful tool for embracing strength and 'forcing yourself' {as Harrison Ford would say} to enhance what it is we are blessed to have at this moment, today!

MK: Jo Lee, my book is published in Canada by Annick Press and can be purchased online through www.amazon.com. And I will also continue to update online information about The Mariatu Foundation at www.mariatufoundation.com that I invite everyone to visit.

JL: Thank you, beautiful you, for your spirit, your wisdom and for coming into a very treasured place in my life and in ADESTE's heart ~

MK: Thank you, Jo Lee, for this wonderful interview. I can't thank you enough! I'm really grateful for being the 2009 Recipient of The Prestigious ADESTE Gold Medal – and I will never forget it. This has been my most exciting moment in life and I will cherish always: ADESTE.

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The Base Of The Road

BY GARY SWEENEY
PHILADELPHIA – PENNSYLVANIA

I stand at the base of the road, staring ahead at things so much more grand than myself. Behind me lies accomplishment. Though miniscule in comparison to previous expectations, it's still perfect for bringing me to this point, where I stand ... at the base of the road.

I have things that others do not, just as others have things I do not. We interact with each other in the smallest fragments of conversation. A handshake here and debate there, leaves us both walking away with new pieces of our life story. It's possible that our paths may never cross again in this world, but for a short time they did, and our meeting is forever solidified ... at the base of the road.

Just as time floats in a continuous stream, never divided as people would like to believe, so does this journey. We leave markers along the way, memories, flares that shoot up into the sky, only to illuminate what we've clouded with

mistakes. We have the ability to go back into that mental filing cabinet, and it can never be outdated for the simple fact that its resurfacing makes it a brand new recollection in that individual moment. Life is a collection of chapters, filled with photographs of places we've been and those we've known. Here I am, still holding mine protectively ... at the base of the road.

I believe that tomorrow is a city, yesterday is a town and today is a neighborhood. We are like interstates, some of us suffer through more potholes and construction, but our power to connect is never lost. There is an event, a smile, an applause and a friend. There is a birth, a loss, a surprise and a granted wish. All of these elements show great patience for me to find them. They never tire or complain as they wait in the shadows of silence ... anticipating my arrival ... at the base of the road.

JL



How Companies Got Their Names

BY MAURICE HEMMING
NEW YORK – NEW YORK

Adobe - came from the name of the river Adobe Creek that ran behind the house of founder John Warnock.

Apple - favourite fruit of founder Steve Jobs. He was three months late in filing a name for the business, and he threatened to call his company Apple Computers if his colleagues didn't suggest a better name by 5 p.m. Apple's Macintosh is named after a popular variety of apple sold in the US.

Canon - from Kwanon the Buddhist god of mercy. The name was changed to Canon to avoid offending religious groups.

Cisco - it's not an acronym but it's the short for San Francisco.

Compaq - using Comp, for computer, and paq to denote a small integral object.

Corel - from the founder's name Dr. Michael Cowpland. It stands for COWpland REsearch Laboratory.

Exxon - a name contrived by Esso {Standard Oil of New Jersey} in the early '70s to create a neutral but distinctive label for the company. Within days of announcement of the name, Exxon was being called the

'double cross company', but this eventually subsided.

Fuji - from the highest Japanese mountain, Mount Fuji.

Google - the name started as a jokey boast about the amount of information the search-engine would be able to search. It was originally named 'Googol', a word for the number represented by 1 followed by 100 zeros. After founders - Stanford grad students Sergey Brin and Larry Page presented their project to an angel investor, they received a cheque made out to 'Google'!

Hotmail - founder Jack Smith got the idea of accessing e-mail via the web from a computer anywhere in the world. When Sabeer Bhatia came up with the business plan for the mail service, he tried all kinds of names ending in 'mail' and finally settled for hotmail as it included the letters 'html' - the markup language used to write web pages. It was initially referred to as HoTMaiL with selective upper casing.

Hyundai - means "present time" in Korean.

IBM - started by an ex-employee of National Cash

Register. To one-up them in all respects he called his company International Business Machines.

LG - combination of two popular Korean brands Lucky and Goldstar.

Lotus - Mitch Kapor got the name for his company from 'The Lotus Position' or 'Padmasana'. Kapor used to be a teacher of Transcendental Meditation technique as taught by Maharishi Mahesh Yogi.

Microsoft - coined by Bill Gates to represent the company that was devoted to MICROcomputer SOFTware. Originally christened Micro-Soft, the '-' was removed later on.

Mozilla Foundation - from the name of the web-browser that succeeded Netscape Navigator. When Marc Andreessen, founder of Netscape, created a browser to replace the Mosaic browser, it was internally named Mozilla (Mosaic-Killer, Godzilla).

Oracle - Larry Ellison and Bob Oats were working on a consulting project for the CIA (Central Intelligence Agency). The code name for the project was called Oracle (the CIA saw this as the system to give answers to

all questions or some such). The project was designed to help use the newly written SQL database language from IBM. The project eventually was terminated but Larry and Bob decided to finish what they started and bring it to the world. They kept the name Oracle and created the RDBMS engine. Later, they kept the same name for the company.

SUN - founded by 4 Stanford University buddies, SUN is the acronym for Stanford University Network.

Xerox - the inventor, Chester Carlson, named his product trying to say 'dry' (as it was dry copying, markedly different from the then prevailing wet copying). The Greek root 'xer' means dry.

Yahoo! - the word was invented by Jonathan Swift and used in his book *Gulliver's Travels*. It represents a person who is repulsive in appearance and action and is barely human. Yahoo! founders Jerry Yang and David Filo selected the name because they considered themselves yahoos. However, Yahoo! today claims a sort of backformed acronym — Yet Another Hierarchical Officious Oracle.

JL



Katie Herron, a young artist in her second year of college abroad, has traveled across four continents, constantly in search of beauty to capture and share.

Reflections Of An Ongoing Journey

BY KATIE HERRON
SAN FRANCISCO – CALIFORNIA
PHOTO BY KATIE HERRON

Crossing the Mediterranean
Savona - Italy to Bastia - Corsica
23 November 2007

Up the winding stairs I ran, two at a time, brushing the golden rails for reassurance as the boat rocked steadily on its journey south. I burst through the sliding doors and stood on an empty deck in the warm wind and rain, let it all wash over me and through me, through my flapping clothes and tangled hair. I could not help but spread my arms and twirl, alone in the wind, spirit freed in solitude. Follow the wind. Follow your bliss. I let it carry me along the boat side to a corner where I could stand on the bottom railings, close my eyes, and swoop over the Mediterranean waters, seething gray. Waves rose into deep blue ridges, then fell back engulfed in foam like mountains in a fierce fog. As the distance grew between me and Italy, the sea's temper cooled; the rain fell away and the sky softened to a periwinkle evening. Still I was the only one on deck, the only one on that giant boat.

Passing through Kuwait
on the way to India
1 June 2008

My mind had been drifting, somewhere in that daze between daydreaming and sleep. A jerk of the plane shook me to consciousness and nudged me toward the window where the sky had somewhat cleared. I saw nothing at first—just an expanse of what looked like smoggy haze. But as I peered out lazily, a dark green disk appeared, then another—plots of farmland clinging to life in the desolation of a blazing desert. These were only the first signs of civilization. Small blocks of buildings began to appear, growing gradually more numerous along widening veins of road. Slowly, a city rose out of the sand, bare and minute in the distance, like an unpainted model community of plaster. We swooped down to rest in this alien state, and as I walked through the airport, I felt as if I were in a dream. Men cloaked in long, white robes glided around us like ghosts; women flowed in streams of pairs and groups, hidden behind waves of rippling black silk. Twice a man's voice came on the loud speaker—not the synthesized announcement of a gate change, but the crisp, wailing song of daily prayer. Here the currency is stronger than the euro. Here oil is cheaper than water. Here, the Western face is trailed with curiosity.

Fire Puja
Key Monastery - Spirt Valley, India
Unknown day of August, 2008

I have been invited to a fire puja. The rough translation of “puja” from Hindi is “prayer,” often involving long chants and many offerings. The fire puja, to me, is a spectacle of contradictions. It is a ritual consisting of five monks, robed as always in their ancient, red garb. Yet under these robes, I can see the print of western t-shirts—one of them advertises a sports team. There is a sixth monk who sits in front of the fire, leading the chants and ceremoniously tossing offerings into the flames. He is decorated in a golden and colorfully embroidered headdress and shawl. He is also wearing sunglasses and sitting in a plastic lawn chair. Some of the offerings have been prepared over days: butter-tsampa statues, plates of various herbs and oils, prayer flags and white temple scarves. And then there are bowls of shiny, wrapped candy and drops of soda. All of this is consumed by the flames. The monks halt their chants to sip their traditional butter tea. They halt again to fill the same goblets with Coca-Cola and some fizzing orange serum, gulping it down in the same, ceremonious way. They chant melodically, they tinkle their bells—I half expect one of their blaring Hindi-techno cell phones to go off at any second; I know the little things are hidden somewhere in the folds of their robes, held close to the heart.

JL

INDULGENCES

Wassup?

BY JO LEE MAGAZINE
NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO / ROME / TORONTO
PHOTO BY KATIE HERRON

Lovers of the English language might enjoy this.
It is yet another example of why people learning English
have trouble with the language.
Learning the nuances of English makes it a difficult language.
But then, that's probably true of many languages.

There is a two-letter word in English that
perhaps has more meanings than any other
two-letter word, and that word is UP.

It is listed in the dictionary as being used
as an adverb, preposition, adjective, noun or verb.

It's easy to understand UP
meaning toward the sky or at the top of the list,
but when we awaken in the morning,
why do we wake UP?

At a meeting, why does a topic come UP ?
Why do we speak UP, and why are the officers UP for election
and why is it UP to the secretary to write UP a report?
We call UP our friends and we use it to brighten UP a room,
polish UP the silver, we warm UP the leftovers and
clean UP the kitchen.
We lock UP the house and some guys fix UP the old car.

At other times the little word has a really special meaning.
People stir UP trouble, line UP for tickets,
work UP an appetite and think UP excuses.

To be dressed is one thing but to be dressed UP is special.

And this UP is confusing!

A drain must be opened UP because it is stopped UP.

We open UP a store in the morning but we close it UP at
night.
We seem to be pretty mixed UP about UP !

To be knowledgeable about the proper uses of UP
look the word UP in the dictionary.

In a desk-sized dictionary, it takes UP almost 1/4 of the page
and can add UP to about thirty definitions.

If you are UP to it, you might try building UP a list
of the many ways UP is used.

It will take UP a lot of your time, but if you don't give UP,
you may wind UP with a hundred or more.

When it threatens to rain, we say it is clouding UP.
When the sun comes out we say it is clearing UP.
When it rains, it wets UP the earth.
When it does not rain for awhile, things dry UP.

One could go on but,
I'll wrap it UP.

The Poet's Corner

CHILDHOOD FRIENDS OF THE FIFTIES

We played with dolls dressed in home sewn
flannel pajamas and velvet dresses.
We practiced our ABCs on a wooden stand-up
blackboard in the basement.
We framed forts from card tables covered with sheets.

We synchronized our pocket watches and
planned adventures. How we loved to quietly
sneak out of our houses
to meet at the top of the street
to see the sunrise over San Francisco Bay.

We vacationed at her family country cottage in
the Napa Valley. Ponytails bounced in dry summer breezes
as we strolled dusty roads lined with eucalyptus.
With jars of salmon eggs tucked in canvas bags
we went fishing for crawdads at the creek.

©sallyanne

MIRRORS

I watched you sleeping
drifting through yesterdays
and finding the dreams you lost
wrapped in gilded stardust.

Your eyes flickered softly
casting a show of shadows
and I could only take you in
like air to fill my expressions.

I dared not wake you
so tragic would be the break
that the voice underneath
would surely cry in innocence.

We matter right here
both focused on each other
like mirrors that stare infinitely
and the world doesn't exist.

©garysweeney

SUMMER SILENCE

Listen -
to summer's silence. Do you hear its strong voice?
In the:
wiggle of your toes free from shoes
water droplets sliding down a frosty glass of lemonade
mosquitoes munching your skin
watermelon, strawberries, peaches ripening
wild mushrooms popping up through the ground.

Whispers of the steadfast mountains
cobwebs suspending morning dew
flowers opening petal by petal
clouds forming, drifting, dancing
ice cream melting down the sides of a cone.

Grass growing strong, comfort for bare feet
dandelion spores floating, swirling, landing.

Moonbeams shimmering across a lake
a butterfly drinking nectar, fluttering
beach umbrellas throwing shadows.

Listen
do you hear the beating heart of all things
including your own?
Listen
you will hear the silence of the rainbow.

©veraresnik

BYE BYE OLD BLUE EYES

Cool Hand Luke took his reward,
and left the Beatniks in his yard
with hash browns,
and a stick or two,
and wondering what to do.

But me,
I'll sit the morning out on a high
with a little smile of mine,
"yes boss"
I'll answer all the time
as now the crows and rodents
keep the sets where Newman gloried and drank deep.

©mbcallaghan

JL

THIN'K'ERS CORNER

POPULATION OVERLOAD

WHAT IN THE WORLD IS GOING ON?

BY THE YEAR 2050 THE WORLD'S POPULATION WILL REACH 9.3 BILLION AT A GROWTH RATE OF
77 MILLION PEOPLE PER YEAR.

DID YOU KNOW?

IN JUST 5 YEARS THERE WERE 300 MILLION UNPLANNED PREGNANCIES WORLDWIDE
(NOT INCLUDING THE 3RD WORLD) WITH 700,000 WOMEN DYING AS A RESULT.

THERE'S A HUGE, UNMET NEED TO RECTIFY THIS!
HUNDREDS OF MILLIONS OF WOMEN GLOBALLY DO NOT WANT TO BECOME PREGNANT.

HOW CAN SOCIETY HELP? IS THERE A SOLUTION? YOU DECIDE.

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GLOBAL DATA
CAN BE FOUND IN
CANADA & THE USA

YES! International is a trade name of *FCI International, a registered charity in Canada and the USA
assisting 11+ million young people per month



YES, VIRGINIA! COME - EXPLORE WITH ME

As you venture out into our world, your travel can consist of a day visit to the closest towns or a journey that will place your feet clear on the other side of the world. It is all about discovery and about everywhere you walk.
So, COME – EXPLORE WITH ME.

Lake Tahoe, California

BY LOIS M. GORDON
SILICON VALLEY – CALIFORNIA

Most of us travel hundreds and even thousands of miles away to visit beautiful locations even though we have them in our own backyards. One of those jewels in California is Lake Tahoe.

Lake Tahoe is as rich in American cultural history as it is in blue water and towering peaks. Pre-historic nomadic Americans, early Western pioneers, Hollywood icons and modern-day trail-blazers have all known the beauty that is the Sierra Nevada.

THE GEOLOGICAL FORMATION OF LAKE TAHOE

About 2 million years ago, a shift in tectonic plates caused the Tahoe Basin to drop between the Sierra crest to the west and the Carson range to the east. Volcanic activity led to expulsion of magma up through the faults, filling in gaps and damming the valley.

Ten thousand years ago individual glaciers formed at the area's highest elevations. The glaciers scoured out

basins and formed Donner Lake, Emerald Bay on Lake Tahoe and Fallen Leaf Lake, which sits up and west of Lake Tahoe.

THE FIRST VISITORS TO LAKE TAHOE

The earliest known inhabitants of the Tahoe Basin were the nomadic predecessors to the Washoe, Maidu and Paiute Indian Tribes. These clans returned to the area seasonally to collect medicinal plants, hunt, fish and create stone tools.

The first recorded sighting of Lake Tahoe by a European explorer was in February 1844. Legendary explorer Kit Carson led an exploration party. The Donner Party, who spent the winter of 1846-47 stranded at the eastern end of Donner Lake, originally comprised 87 adults and children, but lost 42 members to cold and starvation.

The Comstock Lode (discovered in 1859) the richest deposit of silver in

the U.S., turned Virginia City into a metropolis of 20,000, gaining Nevada statehood. The effect on Tahoe was not positive. Between 1860 and 1890, most of the trees in the Tahoe Basin were logged to provide wood for the underground tunnels and excavation.

The Sierra Nevada, with its snowy winters and high climbs, made the job of carrying mail a dangerous one. After two brave souls failed to regularly complete the route via mule pack, a man, Norwegian-born John "Snowshoe" Thompson, used the snowshoes his father had rigged for him in combination with a rudimentary pair of skis to make the 90-mile trek up and over the Sierra to the Carson Valley. Twice monthly, carrying a pack weighing more than 100 pounds, Thompson completed the eastern-bound route in only three days.

Lake Tahoe has a wonderful history and is so exquisite in its beauty - perhaps we will meet on its shores or at a gaming table ...

JL

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Clinton: Lifting The Cloak Of Secrecy

BY ALESTEEN ROEDOX
LOS ANGELES – CALIFORNIA

Over the past 10 years, 10s of millions of dollars have been collected by Bill Clinton for the William J. Clinton Foundation. From governments in the Middle East to tycoons from Canada, India, Nigeria, the Ukraine and other international figures with interests in American foreign policy, 200,000 of some of the world's richest people and most famous celebrities handed over money to finance his presidential library and charitable activities.

The donor list offers a glimpse into the high-powered, big-dollar world in which Mr. Clinton has traveled since leaving the White House as he jetted around the globe making money for himself and raising vast sums for his ambitious philanthropic programs to fight disease, poverty and climate change.

Mr. Clinton did not provide the nationality or occupation of the donors, the dates they contributed or the precise amounts of their gifts, instead breaking down contributors by dollar ranges.

Many benefactors are well-known Americans, like Stephen L. Bing; Alfonso Fanjul; Bill Gates; Tom Golisano, a billionaire who ran for New York governor; Rupert Murdoch; and Barbra Streisand. Bloomberg P.L.P., the financial media empire founded by Mayor Michael R. Bloomberg of New York,

contributed, as did Freddie Mac, the mortgage company now partly blamed for the housing market collapse.

Another potentially sensitive donation came from Blackwater Training Center, part of the private security firm hired to protect American diplomats in Iraq. Five of its guards have been indicted for their roles in a 2007 shooting that left 17 Iraqi civilians dead. The potential for appearances of conflict was illustrated by Amar Singh, a politician in India who gave \$1 million to \$5 million.

Other donors have connections with India, a potential flashpoint because of tensions with Pakistan. Among them was Lakshmi Mittal, a steel magnate and, according to Forbes magazine, the fourth-richest person in the world. Mr. Mittal, who donated \$1 million to \$5 million, was involved in a scandal in 2002 in London, where he lives. After Mr. Mittal made a large donation to the Labor Party, Prime Minister Tony Blair helped him persuade Romania to sell him its state steel company.

Saudi Arabia alone gave \$10-\$25 million to Mr. Clinton's foundation, as did government aid agencies in Australia and the Dominican Republic. Brunei, Kuwait, Norway, Oman, Qatar and Taiwan each gave more than \$1 million. So did the ruling family of Abu Dhabi

and the Dubai Foundation, both based in the United Arab Emirates, and the Friends of Saudi Arabia, founded by a Saudi prince.

Also among the largest donors were a businessman who was close to the onetime military ruler of Nigeria, a Ukrainian tycoon who was son-in-law of that former Soviet republic's authoritarian president, and a Canadian mining executive who took Mr. Clinton to Kazakhstan while trying to win lucrative uranium contracts.

Federal law does not require former presidents to reveal foundation donors, and Mr. Clinton had until now declined to do so, arguing that many who gave expected confidentiality. Other former presidents have taken money from overseas sources, including President George H. W. Bush, whose son sat in the Oval Office for the last eight years. The elder Mr. Bush has accepted millions of dollars from Saudi, Kuwaiti and other foreign sources for his own library.

Today, Mr. Clinton's foundation has grown into a global operation with 1,100 paid staff members and volunteers in 40 countries. It has provided medicine to 1.4 million people living with HIV/AIDS, helped dozens of cities reduce heat-trapping gases and worked to spread economic opportunity. JL



It's All In The Fingers

TOP TRADERS HOLD CLUE TO SUCCESS IN THEIR HANDS

BY HORACE ELRIMRON
NEW YORK – NEW YORK

A longer ring finger than an index finger denotes a more successful financial trader, British researchers said in a study published in the Proceedings of the National Academy of Sciences.

Previous research found that the length ratio between the index and the ring finger, termed 2D:4D, is a measure of prenatal exposure to androgens (male hormones) that can affect the developing brain, giving it increased confidence and reaction times.

University of Cambridge researcher and chief author of the study, John Coates, said androgens improve the concentration and reflexes needed in high-end financial trading. In their study, researchers measured the fingers of 44 male traders in London, UK, who were engaged in trading that involved rapid decision-making and quick physical reactions.

They then correlated finger length ratio to the traders' profits and losses during the preceding 20 months, concluding that a lower 2D:4D ratio predicted higher long-term profitability and longer careers in the business.

In finance, a trader is someone who buys and sells financial instruments such as stocks, bonds and derivatives. Traders are either professionals working in a financial institution or a corporation, or individual investors, or day traders. They buy and sell financial instruments traded in the stock markets, derivatives markets and commodity markets comprising the

stock exchanges, derivatives exchanges and the commodities exchanges.

In finance, a trading strategy is a predefined set of rules for making trading decisions. Traders, investment firms and fund managers use a money strategy to help make wiser investment decisions and help eliminate the emotional aspect of trading. A trading strategy is governed by a set of rules that do not deviate. Emotional bias is eliminated because the systems operate within the parameters known by the trader. The parameters can be trusted based on historical analysis and real world market studies, so that the trader can have confidence in the strategy and its operating characteristics.

When developing a trading strategy, many things must be considered: return, risk, volatility, time frame, style, correlation with the markets, methods, etc. After developing a strategy, it can be back tested using computer programs. Although back testing is no guarantee of future performance, it gives the trader confidence that the strategy has worked in the past. If the strategy is not over-optimized, data-mined, or based on random coincidences, it might have a good chance of working in the future.

In electronic financial markets, trading system, also known as algorithmic trading, is the use of computer programs for entering trading orders with the computer algorithm deciding on certain aspects of the order such as the timing, price, quantity of order. It is widely used by hedge funds, pension funds, mutual

funds, and other institutional traders to divide up a large trade into several smaller trades in order to manage market impact, opportunity cost, and risk.

Recent years have seen a surge in the growth of automated trading. The global electronic markets continue to attract more volume, as firms worldwide utilize trading automation at an increasing rate. This allows traders to deploy complex strategies that would be impossible to execute manually.

Today, using information and trading platforms has become a de facto requirement for successful trading in the financial markets. Their advantages as compared to conventional trading schemes include, for example, an unprecedented speed of processing and delivery of information to end users, the level of integration with data providers, and a wide array of built-in technical analysis instruments.

Various software components embrace the entire target sector of the market from analytics and forecasting to complex trade and administration. The components of a trading platform provide its clients—brokers, dealers, traders, financial analysts and advisors—just the service they need at the very moment they need it, from immediate round-the-clock access to information of concern by means of mobile devices, to multi-move trading operations in the major client terminal.

JL



Reeling Off The Fairway

BY CARTER TREDANIEL
UK

The year 2008 started as the previous one had, with a quarterly report to the Securities and Exchange Commission (SEC). Bernard L. Madoff told the U.S. regulator that his investment management arm held 443 different investments totaling \$17bn. Many Madoff boosters believed the filing understated his total holdings because he supposedly moved into cash before reporting periods to avoid giving clues to his vaunted “split-strike conversion strategy”.

Its reported funds under management put Madoff’s firm among the top five per cent of the 11,000 or so investment managers then registered with the SEC. But filing triggered no regulatory alarm bells even though Harry Markopoulos, a former industry rival, had repeatedly tried to warn regulators of his suspicions that Mr. Madoff was conducting a Ponzi scheme.

Allegedly, Madoff confessed that his investment business, which drew money from all over the world, was “all one big lie” that may have cost investors \$50bn (£36bn, €39bn).

He had been endeavoring to keep up appearances, making the usual rounds of charity dinners, sporting events and industry gatherings and taking his regular summer vacation in the south of France. His family raised \$151,000 for a leukemia charity in October and he attended his company Christmas party hours before his arrest.

But beneath the surface, he and the dozens of hedge funds that sent him cash were growing increasingly strapped. For years, they had recruited new money with ease, thanks to an aura of exclusivity and Mr. Madoff’s extraordinarily steady reported returns. In past years, would-be investors were often told the shop was closed to new money and they would have to wait before they could buy in. That changed. The credit crunch not only dried up new investment but also prompted many long-time clients to ask for some or all of their money back.

While most financial frauds are confined to individual social groups or neighborhoods, Mr. Madoff stands accused of

running the world’s first truly global Ponzi scheme -- a pyramid set-up that survives by using money from new investors to pay off earlier backers.

Mr. Madoff’s returns appeared to many to be too good to be true. But advocates claimed they were the result of a “split-strike conversion strategy” that used derivatives to minimize risk, while intelligence from his market-making business allowed him to time investments almost perfectly.

At the Interbourse golf tournament held last May at Cabo San Lucas on the tip of Mexico’s Baja California peninsula, some participants suspected something amiss with Bernard Madoff. Seven months later, U.S. prosecutors accused him of running the world’s biggest Ponzi scheme.

After the May tournament, Mr. Madoff and his wife went to Port Gallice in the south of France, where he owned a yacht called Bull and regularly holidayed. Mr. Madoff also made the rounds at the U.S. Open tennis tournament, held every August in Queens, and was introduced to one former tennis star with the words: “This guy is a miracle worker.”

Behind the scenes, Mr. Madoff was trying to drum up money. In late summer of last year, word circulated that he was ready to take in more cash, prompting one long-standing investor to set up a new feeder fund, Kallisto.

“He had an outflow of money and he needed more cash,” says the investor, who first invested his own money with him 18 years ago. “I went to see him on October 2 and I asked, ‘If I wanted \$25-\$50m could I get it?’ and he said ‘sure’.”

“There is no innocent explanation,” he allegedly told the agents. He had “paid investors with money that wasn’t there”.

JL



Poor Little Rich Girl! Happy At Last? Hard To Tell

THE STORY OF SUNNY CRAWFORD VON BÜLOW

BY BETTE LADEROUTE
SPECIAL ASSIGNMENT – JO LEE MAGAZINE

Sunny Crawford von Bülow slipped into a coma on December 21, 1980 and stayed there until her death on December 6, 2008. Thus ended a chapter in what appeared to be the unhappy life of a woman born to privilege, accustomed to all that money could buy, but seemingly unable to make a match with the right man for her. Although she loved him, money bought her husband number one, the impoverished German Prince Alfie von Auersperg, and made her a Princess. It was 1957 and post World War II American heiresses were ripe for the picking by penniless members of European aristocracy.

Two children later and a good deal of infidelity on the part of the Prince, the marriage came to an end. By 1966, Sunny had met and married Claus von Bülow. This union produced a daughter, but by 1979 cracks in the couple's relationship began to show and the pair openly talked about divorce. Claus began to court another woman, Alexandra Isles.

After Christmas 1979 Sunny suffered her first coma. A stay in hospital turned up a diagnosis of hypoglycemia. Another trip to a hospital after Thanksgiving 1980 saved Sunny from succumbing to the overdose of acetylsalicylic acid (ASA) she had taken to combat a sinus infection. Just before Christmas, December 21, 1980, Sunny again collapsed and went into a coma that was deemed irreversible. Claus wanted Sunny removed from life support but the children were against

it. In the end it didn't matter. When medical staff removed the respirator, Sunny began breathing on her own.

Sunny remained in what medical science describes as a state of profound or deep state of unconsciousness. One can't help but wonder what, if anything, went through whatever was left of her mind. Did anybody tell her silent self about *The Trials, The Book, The Movie*? If they did, could she hear what was being said to her? Did she think Claus tried to kill her? Did she know he did? Maybe she thought about the good times.

Born Martha Sharp Crawford in Manassas, Virginia, on September 1, 1932, she was nicknamed Sunny because of her disposition. She was considered to be sweet and shy. She was also called Choo Choo when she was very young because she had been born in her father's private railway car on its way from Virginia to New York. She grew up to be a beautiful woman. An heiress at the age of four when her father, utilities mogul George Crawford, died and left her a reported \$100 million U.S., Sunny enjoyed socialite status and was applauded for her philanthropy and her fundraising activities.

In America, Sunny divided her time between homes in New York City and in Newport, RI. Although things didn't work out for the two, Sunny and Alfie remained friendly after their divorce. With the later addition of Claus and

another daughter, Cosima, Sunny's family has been described as loving, and the children esteemed to be "as handsome as their mother and had the poise, personality and intelligence to match their immense fortune." There must have been some good times.

Sadly, with *The Trials, The Book, The Movie*, tales of possible alcoholism, over-the-counter and prescription drug abuse, suspicion and accusations, sides drawn and the not so nice underbelly of the rich and famous, spilled out onto a courtroom floor. Claus was first found guilty of attempted murder and later acquitted in a second trial on appeal. With the second trial the U.S. super lawyer Alan Dershowitz had come on board. Eventually Dershowitz would write *The Book, Reversal of Fortune*, which spawned *The Movie* of the same name. And Sunny slumbered on.

Perhaps thoughts of her family sustained her all that time. It turns out her actual sojourn in that comatose state was 27 years, 11 months and 15 days. When she died, a New York Times obituary stated: "She is survived by her daughters, Annie-Laurie von Auersperg Kneissl Isham and Cosima Pavoncelli; her son, Alexander von Auersperg; and nine grandchildren." It also said the official cause of death was cardiopulmonary arrest. Others might say she had died some time ago of a broken heart.

JL



The Half-Jewish Story

BY YANA GEFFEN
WIMBLEDON – ENGLAND

Once upon a time, the half-Jew was regarded as a strange and lonely figure - an outsider both to society at large and to the Jewish people. But as the intermarriage trend has continued, being half-Jewish suddenly seems unremarkably common. Indeed, according to Daniel Klein and Freke Vuijst, authors of *The Half-Jewish Book*, “halfies” now outnumber full-blooded Jewish children under the age of 11, and they’re gaining on the rest.

FAMOUS JEWISH CATHOLICS OR CATHOLIC JEWS

Many Jewish Catholics had one Catholic parent and one Jewish parent. (It does not matter whether it was the mother or father that was Catholic or Jewish.) Others have had two Jewish parents but they converted to Catholicism during their lives.

There are exceptions, of course, but for the most part, Jewish Catholics do not practice the religion of Judaism in any meaningful way. Their “Jewishness” is merely an ethnicity, a fact of birth. These individuals may or may not have any meaningful self-identity as Jews. Generally speaking, if Jewish Catholics practice any religion, that religion is Catholicism.

The list of Jewish Catholics may also include people who were fully Catholic, but who converted religiously to Judaism.

SEAN PENN

Actor, movie star: devout Catholic mother; non-observant Jewish father.

ROMAN POLANSKI

Film director: both parents agnostic Jews; Roman converted to Catholicism at age 10, active until age 15.

OLIVER STONE

Film director: lapsed Catholic mother; non-observant Jewish father; raised Episcopalian; converted to Buddhism as adult.

DOUGLAS FAIRBANKS

Actor, silent screen legend: Jewish father, Catholic mother - both lapsed; Fairbanks was never active in either faith.

HARRISON FORD

Actor, “Han Solo” in *Star Wars*, *Indiana Jones*, *Witness*, *Air Force One*, etc.: Irish Catholic father, Jewish mother.

BILL MAHER

Comedian, commentator, previously hosted TV talk show *Politically Incorrect*: Jewish mother, Catholic father; he is a Vegan.

BILLY JOEL

Singer, songwriter: both parents are Jewish; raised Catholic and identified himself as Catholic; now atheist.

J.D. SALINGER

Popular, acclaimed novelist for his novel *The Catcher in the Rye*: Jewish/Catholic family background; adopted Hinduism as an adult; also Scientology and Christian Science.

JOHN KERRY

Senator from Massachusetts, 2004 Democratic nominee for U.S. President: Catholic; paternal Jewish grandparents converted to Catholicism.

WESLEY KANE CLARK

Was the NATO Allied Commander in Europe, unsuccessfully ran to be Democratic nominee for U.S. President: Jewish father; raised Baptist; converted to Catholicism.

JEAN-MARIE LUSTIGER

Cardinal and Archbishop of Paris: ethnic Jew, born to a Polish Jewish family living in France; raised Catholic.

ISRAEL ZOLLI

Chief Rabbi of Rome: converted to Catholicism.

PIERRE SALINGER

White House press secretary, 1969-64: French Catholic mother, Jewish father.

FAMOUS JEWISH-CATHOLIC COUPLES

GEORGE BURNS and GRACIE ALLEN

George Burns, a non-observant Jew and Gracie, a devout Catholic: regarded as having one of the great marriages of Hollywood history.

ALAN ALDA and ARLENE WEISS

Alda, actor best known as “Hawkeye Pierce” on TV’s *M*A*S*H*: a devout Catholic when he married Weiss, who was an observant Jew.

MARTIN SCORSESE and LARAINÉ MARIE BRENNAN

Before studying film at New York University, film director Scorsese had dropped out of Seminary where he had intended to become a Catholic priest. His first wife (Brennan) was Irish-Jewish.

JL



Tissue Engineering: Stem Cells And Cloning

OPPORTUNITIES FOR REGENERATIVE MEDICINE

BY CHESTER J. KOH AND ANTHONY ATALA - INSTITUTE FOR REGENERATIVE MEDICINE
WAKE FOREST UNIVERSITY SCHOOL OF MEDICINE - WINSTON SALEM - NORTH CAROLINA

Tissue engineering strategies generally fall into two categories: acellular matrices, where matrices are used alone and depend on the body's natural ability to regenerate for proper orientation and direction of new tissue growth, and matrices with cells. Acellular tissue matrices are usually prepared by removing cellular components from tissues via mechanical and chemical manipulation to produce collagen-rich matrices. These matrices tend to slowly degrade on implantation and are generally replaced by the extracellular matrix [ECM] proteins that are secreted by the ingrowing cells.

When cells are used for tissue engineering, a small piece of donor tissue is dissociated into individual cells. These cells are either implanted directly into the host or are expanded in culture, attached to a support matrix, and then re-implanted into the host after expansion. The source of donor tissue can be heterologous (different species), allogeneic (same species, different individual), or autologous (same host). Ideally, both structural and functional tissue replacements will occur with minimal complications. The most preferred cells to use are autologous. The use of these cells avoids rejection, and thus the deleterious side effects of immunosuppressive medications can be avoided.

One of the limitations of applying cell-based regenerative medicine techniques toward organ replacement has been the inherent difficulty of growing specific cell types in large quantities. Even

when some organs, such as the liver, have a high regenerative capacity in vivo, cell growth and expansion in vitro may be difficult. By studying the privileged sites for committed precursor cells in specific organs, as well as exploring the conditions that promote differentiation, one may be able to overcome the obstacles that could lead to cell expansion in vitro. Major advances have been achieved within the last decade on the possible expansion of a variety of primary human cells, with specific techniques that make the use of autologous cells possible for clinical application.

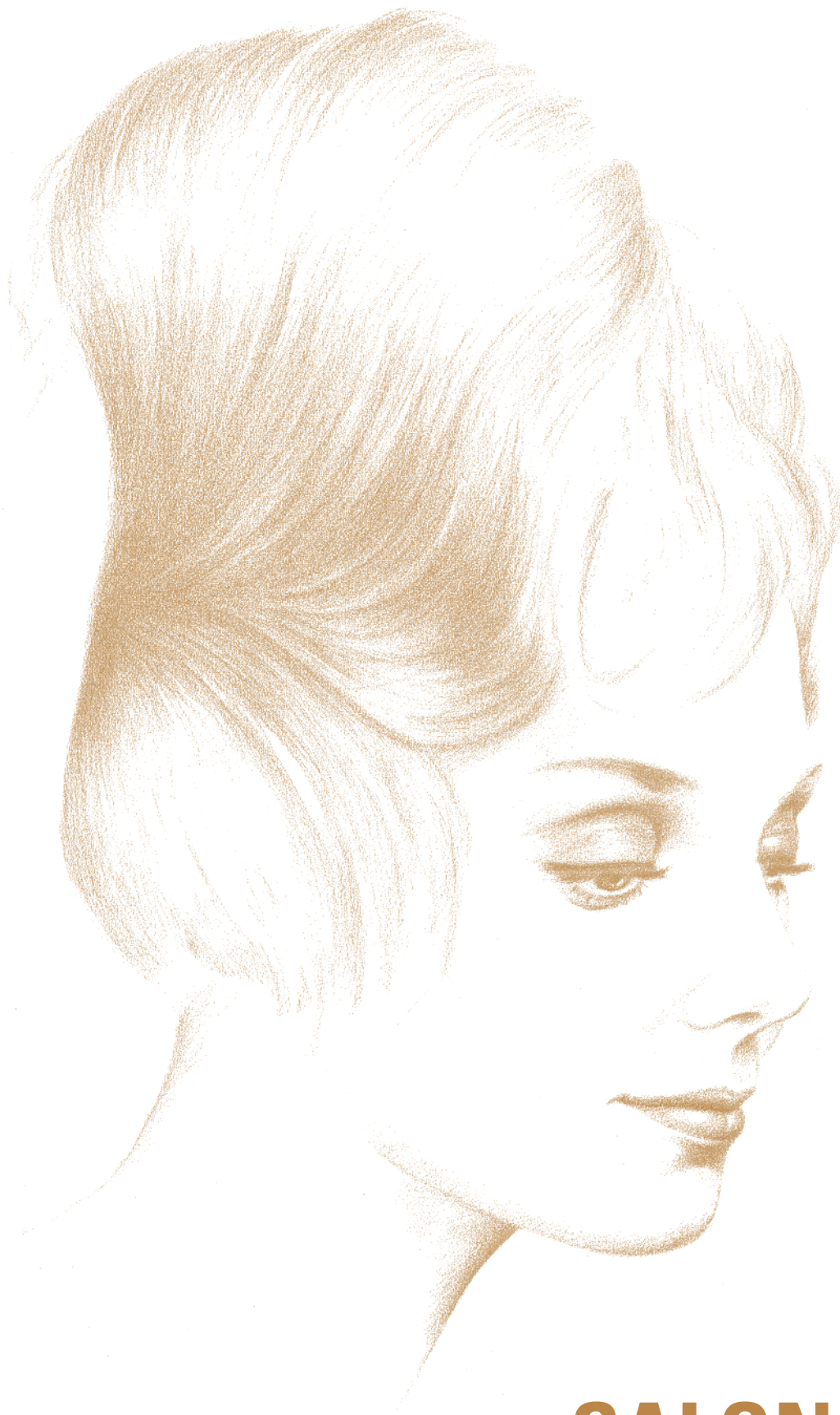
For cell-based tissue engineering, the expanded cells are seeded onto a scaffold synthesized with the appropriate biomaterial. In tissue engineering, biomaterials replicate the biologic and mechanical function of the native ECM found in tissues in the body by serving as an artificial ECM. As a result, biomaterials provide a three-dimensional space for the cells to form into new tissues with appropriate structure and function, and also can allow for the delivery of cells and appropriate bioactive factors (e.g., cell adhesion peptides, growth factors), to desired sites in the body. Because the majority of mammalian cell types are anchorage dependent and will die if no cell-adhesion substrate is available, biomaterials provide a cell-adhesion substrate that can deliver cells to specific sites in the body with high loading efficiency. Biomaterials can also provide mechanical support against in vivo forces such that the

predefined three-dimensional structure is maintained during tissue development. Furthermore, bioactive signals, such as cell-adhesion peptides and growth factors, can be loaded along with cells to help regulate cellular function.

Although there has been tremendous interest in the field of Nuclear Cloning since the birth of Dolly in 1997, the first successful nuclear transfer was reported over 50 years ago. There are two types of nuclear cloning, reproductive cloning and therapeutic cloning, and a better understanding of the differences between the two types may help to alleviate some of the controversy that surrounds these revolutionary technologies. While reproductive cloning is used to generate an embryo that has the identical genetic material as its cell source, therapeutic cloning is used to generate early stage embryos that are explanted in culture to produce embryonic stem cell lines whose genetic material is identical to that of its source. These autologous stem cells have the potential to become almost any type of cell in the adult body, and thus would be useful in the treatment of diseases, for which there is limited availability of immuno-compatible tissue transplants.

Therefore, therapeutic cloning, which has also been called somatic cell nuclear transfer, provides an alternative source of transplantable cells that theoretically may be limitless. As a result, with therapeutic cloning, the variety of serious and potentially life-threatening complications associated with immunosuppressive treatments may be avoided.

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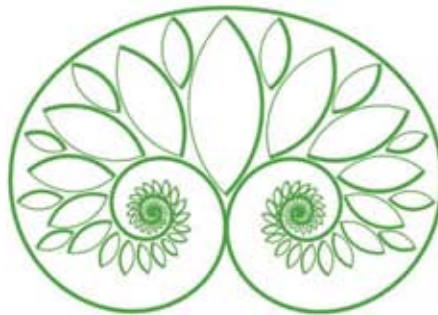


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Passion On A Scaled Pedestal

BY DAVID C. WESONGA
NAIROBI – KENYA

In my country a tale is told of a man who once invited his friends over for lunch. He was a very rich man, but never married. Distinguished people waltzed around him for his wealth and, on receiving the invitation, the privileged few kept the buzz alive. The uninvited watched from a distance and prayed, not for a feast but that some day they would own enough to feed their families without a struggle.

On the day in question, guests started arriving as early as 10 in the morning. It was a custom of the land for lunch to be served at one. By half past noon, all guests were seated and ready to feast. At a distance a fire burned, a cooking pot steaming over it. At half past one, food was yet to be served. On inquiry, the host pointed towards the fire, saying, 'Won't take long! You shall have your fill soon.'

They kept talking, from politics of the day in which they argued who to back and finance during the forthcoming elections, to social life, an interesting topic in which they discussed their wives and husbands. At four in the evening, there still was no sign of food and, hunger now clearly taking its toll, anger set in and they started pointing fingers at the host. The host suggested they play

a game, while they wait a little bit, for it would be ready in a short while.

They picked on a game called 'blame' a favorite game of the land with a huge following. The winner, it was decided, would be the first to stake out a claim at the table.

'Who refused to draw first blood when his servant rebelled, leading to the strikes...?'

'Who led the local parliament into a wild goose chase of the....' They went on and on.

Seven o'clock came and still no feast. When they finally turned the game of blame on the host for food yet to come, he asked them to follow him to a table on which lay a tray covered with a white piece of cloth. After washing his hands, ready to feast, he lifted the cloth to reveal not food but a piece of red cloth! You can imagine what happened next.

Like the host of this story, we are masters of our own destruction. We fancy ourselves as G8 countries and pretend to play ball. But we refuse to spark a faint fire within ourselves, and try lighting a dead one in our neighbors! Take four of the dictators of the African lands and you have it in black and white.

JL



Seattle – The Best Of Everything

AT PIKE PLACE MARKET: THE RICH, THE FAMOUS, THE LOCALS, THE TOURIST SHOPS

BY HEIDE VAN DOREN BETZ
SAN FRANCISCO – CALIFORNIA

Seattle, the city that gave us the famous Space Needle and is a giant in the airplane industry, boasts a major tourist destination, Pike Place Market, which is a vibrant and busy market originally established over one hundred years ago (in 1907) by a group of onion farmers. During the past fifty years there have been several proposals to do away with the market to make room for modern high-rise development. These were fortunately met with protest and rejection. The film and television industries have become fascinated with the colorful and versatile offerings of the market. “Frasier”, “Free Willy”, “Good Morning America”, just to name a few have featured my personal favorite destination in Seattle.

Pike Place Market occupies about nine acres near the city’s extensive waterfront. Millions of tourists and locals annually (the daily Saturday count averages about forty thousand) are attracted by this covered outdoor menagerie of fresh flowers, fresh fruit and vegetables, fresh fish, baked goods, handicrafts, jams,

pickles and olives and oils, and almost anything that could have been created by the local farmer in this bountiful landscape of Washington.

At Pike Place Fish Market, which was established in 1930, “fish throwing” has become an art form. The fish mongers, dressed in orange rubber overalls and boots, hurl the customers order across the stall. Much to the amazement of the spectators: few are ever dropped.

The lower floor of the two-storey structures houses stalls that offer everything from vintage clothing, arcade machines, dolls, leather goods, candy and nuts by the barrel and items for the home. The original Starbucks does a brisk business daily, being right across the street from the market.

If you love to eat, drink, snack, cook or just look at the beautiful bounty of fresh produce and the people that harvest and create it, Pike Place Market is a must in your trip to Seattle.

JL



Something special for the gourmet chef to take home — to anywhere in the world.



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opposite: Fresh made pasta with home pressed olive oil anyone?







Never has there been more beautiful and tempting apples and oranges and berries and grapes and more.
opposite: Exquisite tulips fill the entire first floor of the market. Picked the same day by the farmers who bring color and joy to all with these seasonal floral masterpieces.



I loved this little Seun. Seun {Oluwaseun} was suffering from an extremely rare form of liposarcoma. We had spoken so many times prior to my leaving for Nairobi this Spring. Seun's voice filling the telephone lines with joy about updates from doctors I had enlisted to find ways of combating her challenge. But it was only two days after my arrival back in Africa that the Heavens called Seun for her next mission.

Fly with the Angels
my beautiful, beautiful Seun

Jo Lee

Oluwaseun Sotiyo Eleanya PAGES OF HER LIFE

BY JOSEPHINA LEA MASCIOLI-MANSELL

Seun and I first met in 2005 when she'd tracked me down in Nigeria, pleading that I help her with Nigeria's "women's issues and childbirth, with children having children".

She took on the masses. And the masses listened to her.

Oluwaseun, a gifted singer, a theatre artist and conflict management consultant, held a degree in Theatre Arts and a Masters Degree in Peace and Conflict Studies.

A striking beauty from soul to smile, Seun had carefully written out her vision for life – her humor enabling her to mix freely with everyone regardless of age, tribe, language or religion.

From the age of eight, Seun would forfeit meals to learn more about her love of music. With but meagre resources made available to her, Seun spent hours rehearsing daily to improve her musical skills for, according to Seun, it was a debt she felt she owed the

world. The greatest gift one could give her wasn't money, it was to bring music into her life.

She sang, led many choirs across the West and Niger Delta touching the lives of thousands in churches across Lagos, Ibadan, Abeokuta, Bayelsa and so on throughout the country.

She was a chaste lady, she talked boldly and confidently of herself and boasted about her love of God. She was a great Bible scholar, a great thinker and planner.

Seun also had a way of connecting with those at the top of society and a way of getting what she wanted even when others had failed. Eventually, her style earned her an audience with many a celebrated name including the honor of accompanying the Executive Governor of her state on a mission through parts of Nigeria.

It was while pursuing her dream of bringing help to

African children ravaged in wars and conflicts, that she obtained her Masters Degree in International Peace and Conflict Resolution. She believed that African children and women suffered most during wars and that she had something to offer to alleviate the situation. In her masters class and study groups, several Nigerian Army Generals and high-ranking security officers were amazed at her level of exposure to life and depth of understanding.

During her service year in the NYSC {National Youth Service Corps}, Seun developed a business sense from an inspiration in Genesis 26:12 "Isaac sowed in that land, and received in the same year a hundred fold...". With no prior interest in business, she invested her first monthly allowance of N7,500 {approx \$62.50 USD} and in a few months it yielded hundreds of thousands. Seun had happily announced, "I counted my first N100,000 within a few months". She became a lender to many. She

was very frugal and saved so much that she was able to sponsor herself through her Masters while still supporting siblings in different financial capacities.

Seun gave hugely to the Lord and His work without a second thought; she believed that God owned all the money she had. She was very analytical and, most times, convinced people to believe in her train of thought.

Seun's dream to alleviate children's suffering is what brought Seun and me together ~ She believed in a great tomorrow and carefully laid out ways of reaching it.

Today I – we – weep.
I say, "I'm sending crystals, Seun."
She'd say, "crystals, Jo Lee."

Jo Lee

JL



And I'll Bet The Sweeps On That!

BY DR. ANDREA BUCKETT
TORONTO – CANADA

Q: Why is it better to eat smaller meals more often than the traditional three meals a day? Xiong – Macau, China

AB: Eating smaller meals every three and a half to four hours has many benefits. It keeps you energized by stabilizing your blood sugar levels, Xiong. This allows you to be more mentally alert and keeps your metabolism boosted. Eating four or five small meals per day keeps your metabolic rate stoked. Eating healthy, balanced meals in this way can help control diabetes, help you to lose weight and, most of all, give you the energy you require to get through the day.

Q: I find that I am bloated after I eat a meal. Do you have any suggestions? Vladmina – Kiev, Ukraine

AB: There are a few reasons why you may be suffering like this, Vladmina. For some people, the digestive enzymes that break our food down are diminished. Sometimes taking an oral digestive enzyme supplement before a meal can help with this. The other answer may lie in food intolerances or allergies. Every body is different so it may be good to get tested through a naturopathic doctor. Otherwise – you yourself may know foods that irritate your body. The most common are soy, dairy, wheat. Finally, sit down and relax when you enjoy a

meal giving your body the time it needs to digest everything you put in.

Q: Why is it important to stop eating three hours before going to bed? Donna – Saskatchewan, Canada

A.B: Donna, those trying to lose weight often use this rule. If you are an evening snacker you may consume more calories while watching the tube than at any other part of the day. Ultimately, the equation for losing weight is simple – burn more calories than you take in – regardless of what time of day they are consumed. A better reason to not eat before bed is so you have a more restful sleep. While you are sleeping, your body should be repairing and regenerating. Not digesting a meal.

Q: Is popcorn a healthy snack? Andrew – Nashville, USA

A: While air popped popcorn with minimal butter can be tasty and relatively low in calories – it's not the most balanced snack. Andrew, popcorn is high on the glycemic index, which means it breaks down into sugar very quickly. It has a rating similar to white bread and potatoes. So once in a while this treat is great – but don't make it a regular snack choice.

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Chloe And The Purple Pearls

BY RAY SCOTTY MORRIS
SAN FRANCISCO – CALIFORNIA

Football or soccer known as the “Beautiful Game” is the most popular game in the world; it is estimated that 200 million play it worldwide. The beginning of soccer is lost in the fog of history. In China, records of the Han dynasty (206 BC) mention a game called Zuqiu, played with a ball made of leather and filled with hair which was kicked around. In England, around 217 AD, a game called Harspatum was played by the Romans. The game eventually became so popular that it was banned by King Edward III in 1365 for taking too much time away from archery, practiced by England’s deadly warriors. This was further enforced when King James I of Scotland proclaimed in parliament in 1424 that “No man shall play football”.

Chloe Morris, is my six-year-old granddaughter. She plays on a soccer

team called “Purple Pearls”, a girls’ team at the starting level in the San Diego, California Crusaders division. The team is coached by my son, Chloe’s father, Kent, who when he was six was coached by me. (See photo of Kent with his first trophy)

Coach Morris says: “I coach to install the love of the game of soccer and if we win or lose it makes no difference. We play forty minute games and player gets the same playing time no matter their ability”. Chloe’s comment on her father as a coach, “Dad is a good coach because we have fun.” The name the “Purple Pearls” was chosen by the girls, with the “Purple Swan” coming in as a close second. Naturally, they play in purple jerseys and the girls say that pearls are their favorite jewelry.

JL



Kent Morris, at age 8, now the coach of The Purple Pearls, congratulated for his first trophy by his teammates.



Chloe is congratulated by her teammates for her first trophy.





Half time refreshments for Chloe and Tess.



Chloe and Hailey watching on the sidelines.



After the last game, Chloe kisses her brother, four year old Ian, the next David Beckman.



Chloe chased by three defenders.





THE NEXT 100 YEARS: ONE CHILD'S JOURNEY HOW SHE/HE WILL LIVE, LOVE AND NEVER REALLY DIE

Child Poverty

BY OLUWASEUN SOTIYO AND KELECHI ELEANYA
THE NIGER DELTA – NIGERIA

Generalized assessments have consistently hidden some dimension of poverty that should be of utmost priority.

Poverty: One definition states, living on less than \$2 a day which has impacted heavily on populations.

A critical dimension is poverty relating to the child: CHILD POVERTY. Child poverty is a significant lack of the basic needs required for healthy, physical, mental, emotional and spiritual development. Child poverty is also a lack of opportunities (capability deprivation), a lack of control over one's life through social isolation and discriminatory treatment at the hands of others. Child poverty is characterized by a lack of access to basic education, a healthy diet and adequate health care.

The facts are clear. Globally - about 700 million children live in extreme poverty; every 3.6 seconds someone in the world dies of hunger – 75% of the casualties are children.

Child poverty has a severe impact in rural areas where people's livelihoods are largely based on subsistence agriculture; where there is limited access to social

services of quality and where families can barely afford school fees and other educational materials, clothing for children and health services. There is even a high tendency for children's respiratory diseases due to unclean cooking and heating fuel and very unsafe water. In Africa, 200,000 child slaves are sold every year. There are an estimated 8,000 girl-slaves in West Africa alone.

About 120,000 African children are participating in armed conflicts. Some are as young as seven years old. Children account for half of all civilian casualties in wars in Africa. One in six African children dies before the age of five. Most of these deaths could be prevented. Nearly one third of children in Sub-Saharan Africa are underweight. In Sub-Saharan Africa, measles takes the life of a child nearly every minute of every day. An effective measles vaccine costs as little as \$1 per child.

Between 12 and 14 million African children have been orphaned by HIV/AIDS. Nearly 2 million children under 14 years old are HIV positive. 43% of children in Sub-Saharan Africa do not have safe, accessible drinking water. 64% of children in Sub-Saharan Africa

do not have adequate sanitation. Only 57% of African children are enrolled in primary education, and one in three of those do not complete school. For every 100 boys there are only 83 girls enrolled at primary school.

In the USA, nearly 15 million American children live in poverty. The effects of poverty take the lives of 27 children daily and families with children account for nearly 40% of the people who become homeless. 50% of people who became poor each year are children and since 1975, the child poverty rate has increased by over 40%; also 12 million American children have no health insurance. In Canada nearly 1.5 million children live in poverty.

All across the globe the call for attention to our future giants is alarming.

These facts repeatedly present a challenge to us all and as Charles Darwin put it: "if the misery of the poor be caused not by the laws of nature, but by our own institutions, great is our sin".

For us all - the only time we have is NOW ... Action! Action! Action is the key! Act now!

JL



The Demise Of Katya

BY CRAIG RICKER
MOSCOW – RUSSIA

In Russia, girls like Katya typically come to a bitter end. Her parents divorced when she was sixteen, her father sold the family apartment and disappeared and her mother soon followed. Katya celebrated her seventeenth birthday alone and without a legal residence.

Katya, through force of character, fought off the pimps, white slave traders and jerks who wanted to make her a kept woman. She got a room in a communal flat, enrolled herself in the university and worked two jobs. At the age of twenty she was beginning her fourth year in the university, had enough money and even sent herself to a resort in Egypt with her girl friends. Then the crises hit.

In the last six months, the ruble has lost half of its value, salaries have dropped in half, prices have risen on everything and Katya found herself juggling three jobs, two paying \$150 a month each and another paying \$250. Two of her jobs did not pay her salary for two months then told her they would never pay and fired her.

Finally she slipped under. She dropped out of the university, was two months late on rent with the landlord saying pay now or leave now. As a rule, Katya never borrowed money. This time she called me and cried “help”. I met her on the street and it was clear she had not eaten in days. I gave her rent money and something for living. We walked into a supermarket and I bought her a loaf of bread and a baked

chicken. I made sure she understood she did not owe me anything, did not have to pay me back and sent her on her way.

How does an intelligent, hard working girl of the finest character like Katya find herself starving and nearly homeless in a country with unlimited resources? It wasn't any harder than the Titanic going down. The leadership drove Russia into an iceberg.

The question is this: was America driven into the same iceberg but with a bigger ship that is sinking more slowly?

Let's look at the facts. After the 1998 collapse in Russia, it was cheap credit from the west and inflated commodity prices that floated the Russian economy up. In the last fifteen years the authorities have not allowed a real economy to develop in spite of Russian people's great desire to do so. Now the cheap credit and high commodity prices are gone and the absence of a real economy has left Russians swimming in the north Atlantic.

The real economy in America was shipped to communist China by Henry Kissinger and the cheap credit has also disappeared. As the American ship sinks are there really any life boats?

The only difference between the two stories is that the Russian ship sank in a matter of months and it will take a few years for the American ship to go down. Are Americans ready to swim for their lives?

JL



First Ladies From Martha To Michelle

BY GENE ARCERI

NEW YORK – SAN FRANCISCO – LONDON

Our very first “FIRST LADY” was Martha Washington who never lived in the White House. Martha, a widow, married George Washington in 1759 and kept the home fires burning at Mount Vernon, Virginia, while her husband was away. As history tells us, George Washington slept here, there and everywhere. No wonder he was called the ‘Father of our Country’. Martha carried on at the mansion on the hill, personally supervising her household staff, especially the kitchen and dining room servants. She also kept her eye on meals served in the other Presidential White Houses in New York and Philadelphia. With time on her hands and Mr. President out on the trail, Martha wrote *The Martha Washington Cook Book*, still available today.

Abigail Adams, our second First Lady, moved into The

House but told her husband, President John Adams, she didn’t care for it too much. Abigail felt there was no place like home - her own. Later the third President Thomas Jefferson and his First Lady spruced up the place to be more compatible to their elegant taste. It wasn’t until Mrs. Theodore “Teddy” Roosevelt, the 26th First Lady moved in that the mansion was christened the “White House”.

President Barack Obama has a singular destiny, unlike any of his predecessors: to lead his country successfully through an arduous war and to conduct its councils through the re-birth of a government, new in its forms and principals. With him he brings a rainbow of hope to chase away the dark clouds hovering overhead. There will come, at times, an inevitable loneliness that fills a darkened White House.

Then there is Michelle, someone with whom to talk, reminisce and make plans. Without his First Lady, it would be very difficult to stand by oneself throughout the next four years. Privately, their intimacy of marriage offers them the opportunity of freeing themselves (for a time) of the weight of pretense ... being frankly themselves. There is no deeper safeguard against the unpredictable. Also, with two growing daughters, Malia and Sasha ... and the Presidential Pet ... there will be happier distractions.

Michelle has to be constantly aware of public opinion ... and of the press that will be at her door, asking many questions, some silly and some intelligently inquisitive. Such is her political stardom. Her husband will show that the difference between a helping hand and an outstretched palm is a twist of

the wrist. With his dynamic energy, mental and spiritual inspiration and family beside him, he will set an example of the universality and oneness of life ... not just for America ... but also on the world stage.

I don’t care what Michelle Obama’s wardrobe changes are from day to day. I don’t believe she will be intimidated by the fashionista. She is her own person ... living a great autobiographical drama, un-accepting of circumstances that seem unfair, unkind or uncomfortable. Through the challenges she faces (and nobody said it would be easy) she can follow through to eventual victory.

“Ring out the old, ring in the new, ring out the false, ring in the true”, wrote Alfred Lord Tennyson. This is a motto that holds to this very day. May God bless us all.

JL



Coming Home

BY JOHN PAUL JARVIS
TORONTO – CANADA

Canada has been in Afghanistan for seven years and soldiers are returning in flag draped caskets. Throughout Canada's brief history, when England was at war, so was Canada. We have always fared well.

We were combatants in the War of 1812, Boer War, WWI, WWII and Korea. Our allies from the USA will grudgingly concede that British troops and Canadian militia burned Washington, including the White House in August of 1814. The Treaty of Ghent rendered the cessation of hostilities in December that same year. Friends since.

Our 14th Prime Minister, Lester B. Pearson, won the Nobel Peace Prize in 1957 for authorship of the UN resolution creating an Emergency Force for Peace Keeping in world hotspots. Pearson crafted

Canada's foreign policy and was renowned for quiet diplomacy in resolving international disputes. Even more significantly, these efforts at peace brokering were accompanied by a willingness to participate in UN peacekeeping missions providing military force. This granted Canada autonomy, impartiality and newfound respect. To date there have been 40 missions and 10,000 troops deployed. These contributions afforded our small population recognition on the world stage and a solid reputation at the UN.

Canada is geographically besieged by the U.S. but disposed to our British heritage providing the nation with the model for government, civil infrastructure and a multicultural value system envied worldwide. We are prosperous, owning most of the fresh water, oil, gold,

lumber and natural resources existing on the planet and well below the world's radar. We still have the British Monarch on our currency.

In both World Wars Canadian troops became battle hardened alongside the Brits, typically at the front amongst the lunatic Scots bagpipers. We maintain these pipers helped us sustain our sense of humor. The then Royal Canadian Navy kept the North Sea open to merchant marine shipping for a famished Britain, while suffering crippling losses from U-boat torpedoes. When WWII ended, Canada was the fourth largest military power in the world.

Currently, our Afghanistan fallen are ceremonially repatriated in a convoy of gleaming black hearses, traveling the identical route each trip, prominent on the busiest highway in

Canada. The 170 kilometer (112 mile) distance that the procession follows from Trenton, Ontario to Toronto is officially renamed The Highway of Heroes.

At the time the initial Afghanistan casualty was returned home, Helen McGibbon stood on the Grafton highway overpass in eastern Ontario where her young daughter waved a flag as the motor procession passed. A grassroots tribute to bravery was born.

On every bridge and access point along the route, flag bearing Canadians gather to acknowledge the sacrifice of one of ours. Thousands and thousands from all walks in all weather observe a silent vigil for each emotional homecoming.

This is all unstructured ... other than by what your heart feels.

JL



Summer Camp Fun Guide

BY CARLA DRAGNEA
BUCHAREST – ROMANIA

Summer camp - it's more than a vacation. It's a place where your child can develop independence, new skills and the ability to make friends.

Summer camp can encourage an appreciation of the outdoors, foster a spirit of teamwork and cooperation and encourage your child to explore talents, interests and values.

If you are planning to enroll your child in a camp this summer, there are several things you should consider when choosing a program.

1. Day or Residential? Summer camps come in a variety of lengths. Half-day and day camps are great for a child's first camp experience and also work well for children who don't like to be away from home, or want a camp with a variety of activities. Residential camps, on the other hand, can last anywhere from one week to the entire summer, depending upon the type of program chosen. They offer the opportunity for children to gain

independence in an away-from-home setting and also offer a little extra time to focus on activities and friendships.

2. Type of Camp. To help make camp a fun and memorable experience for your child, you need to find a program that fits your child's age and interests. If your child loves sports or arts or dance, try to find a program which offers that activity.

3. General or Specialized. General camps offer a variety of activities that include recreation (land and water), arts and crafts, individual and team activities, and games. Specialized camps offer instruction in one or two very focused skills such as the performing arts, a particular sport or academic pursuits.

4. Cost of Camp. While researching the cost of the camp program, make sure to learn the total cost. Are there additional charges for some of the activities? Are you expected to provide transportation, meals or equipment? What is the refund policy if your child gets sick or

something unexpected comes up at the last minute? Keep in mind that private camps tend to be pricier than their nonprofit counterparts.

5. Duration of Camp. How long does your child want to spend at a camp? There are day camps where campers attend only during the day for as many weeks as they like. There are also a wide variety of overnight camps, lasting anywhere from one week to the entire summer. Even if your child plans to spend a large part of the summer in camp, be sure to leave a few weeks free for them to just chill.

6. Accreditation and Referrals. Ask teachers, parents and even other kids for their summer camp suggestions. Good referrals can go a long way to helping you feel more comfortable with your camp selection.

Cheers to a wonderful, full of fun summer!

JL



Why Didn't I Think Of This?

BY JO LEE MAGAZINE

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO / ROME / TORONTO

When NASA first planned to send up astronauts, they quickly discovered that ball-point pens would not work in zero gravity. To combat the problem, NASA scientists spent a decade and \$1.2 billion to develop a pen that writes in zero gravity, upside down, underwater, on almost any surface including glass, and at temperatures ranging from below freezing to 300 Celsius. Confronted with the same problem, the Israelis used a pencil.

The Seagull

BY JO LEE MAGAZINE

NEW YORK / SAN FRANCISCO / HONG KONG / LONDON / TOKYO / ROME / TORONTO

A father was at the beach with his children when the four-year-old son ran up to him, grabbed his hand, and led him to the shore where a seagull lay dead in the sand.

“Daddy, what happened to him?” the son asked.

“He died and went to Heaven,” the Dad replied.

The boy thought a moment and then said, “Did God throw him back down?”

JL

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that every heart speaks.



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